



Dear Parents/Guardians,

We have relied on guidance from the CDC and NJDOH, and will continuously monitor the effectiveness of these health and safety practices and make adjustments accordingly.

Parents should be monitoring their child on a **daily** basis for any evidence of **illness/exposure**. For those with medically documented chronic illness/allergies, only new symptoms or symptoms worse than baseline should be considered for the exclusion criteria.

Students that are symptomatic with COVID-like symptoms and/or meet exclusion criteria as outlined in the below Health Screening Checklist, should not be sent to school.

**** Students must remain home while sick, and contact the school nurse for next steps, and clearance to return to school.*

If experiencing 1 of these symptoms:
remain home

If experiencing 2 or more of these symptoms:
remain home

| | |
|--|--|
| <ul style="list-style-type: none"> ● fever (100.0 or higher) ● cough ● shortness of breath ● difficulty breathing ● new loss of taste or smell ● tested positive for COVID-19 within the past 5 days | <ul style="list-style-type: none"> ● chills ● myalgia (muscle aches) ● headache ● sore throat ● nausea/vomiting* ● diarrhea* ● rash ● fatigue ● congestion or runny nose ● red, runny eyes |
|--|--|

**** If the student is experiencing Nausea/Vomiting or Diarrhea as a single symptom, they must not attend school until at least 24 hours after the symptom has subsided.***

If your child exhibits the symptoms above (regardless of vaccination status and post COVID-19 illness within the last 90 days), they should remain home and contact the school nurse.

Household COVID-19 exposure is likely to result in transmission; therefore, the school nurse must be contacted to identify if quarantine will be necessary. In general, students will need to quarantine if they are unvaccinated and have a close contact in their household OR if they are not up to date with all recommended doses of the vaccine.

Only students who have tested positive for COVID-19 or who are unvaccinated and have a close contact at home will be eligible for remote learning.

Isolation/Quarantine Protocol

| Protocol 1 – COVID-19 symptoms: (regardless of vaccine status) | Protocol 2 - COVID-19 confirmed by a positive test BUT have no symptoms: | Protocol 3 – Close Contact with a Covid-19 positive person, and not vaccinated: |
|---|--|---|
| <p>1. Notify the main office and school nurse. Isolate at home for at least 5 full days (day 0 is the first day of symptoms). If symptoms persist at Day 6, continue to isolate until symptoms improve and fever-free for 24 hours. If NO symptoms at Day 6, return to school and normal activity, and wear a mask when around others through DAY 10.</p> <p>* It is recommended that you test for Covid-19 when there are COVID-19 symptoms and update the school nurse with results for further instruction.</p> | <p>1. Notify the main office and school nurse. Isolate at home for at least 5 full days (day 0 is the day of positive test result). If NO symptoms at Day 6, return to school and normal activity, and wear a mask when around others through DAY 10. If symptoms develop before the end of 5 full days, 5-day isolation period starts over with day 0 being the first day of symptoms. Follow Protocol 1.</p> | <p>Notify the main office and school nurse. Quarantine at home for at least 5 full days after the last close contact with a person who has COVID-19. The date of the exposure is considered day 0. If NO symptoms at Day 6, return to school and normal activity, and wear a mask when around others through DAY 10. It is recommended that you test for Covid-19 (rapid or PCR) 5 days after exposure OR when symptoms develop.</p> |
| <p style="text-align: center;">Close Contact and FULLY vaccinated OR COVID-19 positive within the last 90 days - Do not need to quarantine. Notify the main office and school nurse. Monitor for symptoms. Wear a mask for 10 days around others. If symptoms develop, it is recommended that you test for Covid-19 and isolate while waiting for the test result. Follow Protocol 1.</p> | | |
| <p style="text-align: center;">For those ending isolation on day 5, wear a mask around others during days 6 through 10. If unable to wear a mask around others, isolation/quarantine continues for the full 10 days.</p> | | |

Contact the nurses @ 732-827-5885 ext. 2120 if you have any additional questions or concerns.

Thank You,
Nanette Perez BSN. RN. CSN, School Nurse